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TESTIMONIAL

Special Educational Needs and Disabilities (SEND)

in the classroom

26th – 31st July 2026



Participating in the Erasmus+ training course on Inclusive Education and Special Educational Needs in Porto, Portugal, was an enriching and inspiring professional experience. Throughout the six-day programme, I gained valuable knowledge and practical strategies that will strengthen my teaching practice and enhance the support I provide to all learners.

The course explored a wide range of topics, including inclusive education, autism, ADHD, intellectual disabilities, emotional and behavioural difficulties, gifted and talented learners, classroom management, conflict resolution, and differentiated teaching strategies. It also provided a good insight of verbal and non-verbal communication through a number of improvised group activities.

Through interactive workshops, practical activities, case studies, educational videos and group projects, I developed new skills to create accessible, engaging, and inclusive learning environments. Presenting our group work and participating in collaborative discussions allowed me to reflect on my own practice while learning from the experiences of educators from across Europe.



One of the highlights of the mobility was the opportunity to exchange ideas and best practices with teachers from different countries. These discussions broadened my understanding of inclusive education and strengthened my appreciation of cultural diversity and European cooperation.

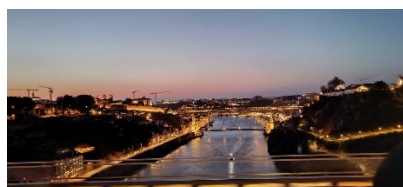


Beyond the classroom, discovering the beautiful city of Porto enriched the overall experience and provided valuable insight into Portuguese culture and heritage.

I returned to Malta with renewed confidence, practical resources, and innovative ideas that I am eager to implement and share with my colleagues.

This Erasmus+ mobility reinforced my commitment to ensuring that every learner feels included, respected, and supported to achieve their full potential.

It has been an invaluable experience that has contributed significantly to my professional growth and has inspired me to continue promoting inclusive, student-centred education within my school community.



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