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Project code: 2025-1-MT01-KA122-SCH-000319049

TESTIMONIAL

Special Educational Needs and Disabilities (SEND) in the classroom 26th - 31st July 2026

My Erasmus+ project trip to Porto, Portugal, was an incredibly valuable and memorable experience that gave me the opportunity to learn more about Special Educational Needs and Disabilities (SEND) in the classroom, while also discovering the culture, history and beauty of Portugal.



The course was an engaging and enriching learning experience that combined theoretical knowledge with practical and interactive activities. The main topics covered inclusion, child development, additional needs, Autism Spectrum Disorder (ASD), typical and atypical development, and the barriers that children may face in educational settings. Through group work, discussions, educational videos, problem-solving exercises and teamwork activities, I gained a deeper understanding of how individual needs can influence a child's learning, communication and overall development.

The course also helped me to improve my professional skills and competencies. I developed stronger communication, teamwork, observation and problem-solving skills, while becoming more patient, flexible and confident when working with others. The practical activities helped me understand the importance of adapting communication, instructions and support according to each child's individual abilities and needs. I also gained greater awareness of both verbal and non-verbal communication, sensory experiences and the importance of creating supportive and inclusive learning environments. The educational videos shown throughout the course also helped to maximise our engagement, making the learning experience more interesting, interactive and meaningful.



Overall, the course broadened my knowledge and strengthened my ability to approach different situations with greater empathy, understanding and flexibility. The combination of theoretical content and practical activities made the learning experience both meaningful and memorable. I gained valuable knowledge and competencies that I will be able to apply in my future personal and professional life, particularly when working with children who have different abilities and educational needs.



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Our Erasmus+ experience was further enriched by the wonderful tours and excursions we took around Porto and its surrounding areas. We enjoyed a walking tour through the beautiful streets of Porto, where we had the opportunity to admire its historical monuments, impressive architecture and unique atmosphere. We also visited the famous Port and Douro wine region, learning about its rich history and traditions, and saw the iconic Dom Luís I Bridge.



Another highlight of our trip was visiting the picturesque towns of Costa Nova and Aveiro. We enjoyed the colourful scenery of Costa Nova and had the opportunity to experience a traditional moliceiro boat ride in Aveiro. These excursions allowed us to discover more about Portuguese culture and traditions while creating wonderful memories together.

One of the most special aspects of this Erasmus+ experience was the opportunity to share it with my colleagues and fellow participants. We worked together as a team, supported one another and made the most of every moment. The trip allowed us not only to develop professionally and learn new skills, but also to strengthen our relationships and create lasting memories.



My Erasmus+ trip to Porto was truly an unforgettable experience. It was a journey of learning, personal growth, cultural discovery and teamwork. I am grateful for the opportunity to have taken part in this project, and I will carry the knowledge, skills and memories I gained with me throughout my future personal and professional journey.

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