

Project code: 2025-1-MT01-KA122-SCH-000319049**TESTIMONIAL****Training in Bologna, Italy****Innovative teaching methods for preschool teachers****1st – 7th March 2026**

Between the 1st and 7th March 2026, I participated in an Erasmus+ training course in Bologna, Italy titled *"Innovative Teaching Methods for Preschool Teachers."* This mobility provided a valuable opportunity to explore new teaching approaches and to learn more about the Italian education system, particularly in relation to early childhood education.

During the training, we discussed the structure of the Italian school system and the national guidelines that support the development of young children in preschool settings.



A key concept highlighted throughout the course was the importance of play as a central element of learning. Through play-based activities, children are encouraged to explore, communicate, and develop their social, emotional, and cognitive skills in a natural and engaging way. Another important aspect of the course was project-based learning, where children learn through meaningful projects connected to real-life themes. This approach promotes curiosity, creativity, collaboration, and problem-solving skills while allowing children to actively participate in their own learning process.



Overall, this experience enriched my professional practice and provided practical ideas and strategies that I look forward to implementing in my classroom to create more engaging and child-centred learning experiences.

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